

A One-day Training Program/Workshop on functional Near-Infrared Spectroscopy (fNIRS)

Code: CCRYN/CRIYN/JHA/fNIRS/01

CCRYN which aims to undertake scientific research, training and education in Yog and Naturopathy has established state of art research laboratories at Central Institute for Research in Yoga and Naturopathy (CRIYNs). To generate research talent pool especially in Yog & Naturopathy, CRIYN, Jhajjar will undertake periodic workshops in the field of Life Sciences time to time. In continuation, the CRIYN is organizing third one-day training program on functional Near-Infrared Spectroscopy (fNIRS) on 06.10.2026 (10:30-15:30 hrs.). fNIRS is an advanced and non-invasive tool for monitoring hemodynamic changes in different brain parts. In recent years, it has become a widely used method in brain imaging owing to its portability and potential for long-term monitoring. **The program will include a session from eminent Faculty and fNIRS expert scientist Prof. (Dr) Puneet Khanna, MD, FAGE AIIMS-New Delhi depicting the basic principles and steps involved in the fNIRS, then a practical demonstration and hands-on training of fNIRS' set-up, data capture, data visualization and interpretation**, later followed by a yoga-meditation session, and institute's tour of Yog & Naturopathy treatment facilities.

Education Qualifications: Pursuing or completed UG/PG/PhD (in any branch of Yog/Naturopathy/Science/Technology/Pharmacy)

Workshop Venue: CRIYN, Deverkhana village, Jhajjar, Haryana (near AIIMS Jhajjar)
<https://maps.app.goo.gl/2iXbBPmJXCxEWPPP8>

Course fees: ₹1000/participant (including printed certificate, lunch, tea and snacks); non-refundable and non-transferrable under any circumstances.

Bank Details: Bank Holder Name:	Director, CCRYN
Bank Name:	State Bank of India
Bank A/c No.:	35643799976
IFSC Code:	SBIN0010651
Branch Name:	SBI CCRAS New Delhi

Seats: 10 (first come-first service policy)

Salient features of the workshop

- Priority to practical session and tutorials will be provided by professionals
- Hands-on training on fNIRS
- Professional skill development, networking and certification
- Group discussions/interactive sessions
- Limited seats for maximum learning & same-day certification
- Enrolment process is completely online including the workshop fee payment

How to apply: <https://forms.gle/hganXBzAJpevii2w7>

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